



EXCHANGE

NORTH CAROLINA DISTRICT EXCHANGE CLUBS

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North Carolina District Exchangite Magazine
Vol. V Issue 4
May 2012
Laurie Lund, Editor

Send all magazine submissions to:
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301 Duxbury Drive
Raleigh, NC 27607
919-851-7180

You may submit pictures and reports for the Sept, Dec, May, August issues of the NC Exchangite Magazine

Send change of address to: National Exchange Club, 3050 Central Avenue, Toledo, OH 43606 or call 1-800-XCHANGE
Thank you to all the clubs for sending reports and photos.

A Word From NC District President, Paul Summerville

Hello Fellow Exchangites....

"Time Flies When You Are Having Fun" It's really hard to believe another EXCHANGE Year is coming to a close. It's been an exciting year for all of the clubs in our District and I'm very proud of the continued work you perform within your communities. Can you image your community without Exchange? I can't!!!! Please take a moment to reflect back on all of your club's events and accomplishments of the past year that supported our four (4) pillars of Exchange, **Americanism, Youth, Community Service** and most importantly **Child Abuse Prevention**. Again, I can't image our communities without Exchange.

The EXCHANGE TRAIN is approaching it's final destination, The Embassy Suites in Cary NC for our North Carolina District Exchange Club's 78th District Convention. Save the date for June 22-23. We are putting together the final agenda for the Convention weekend. A couple of new items are, Shelton Ennis has stepped down from his duties of managing the Memorial Service for many years. Thank you, Shelton, for the many years of professionalism and hard work. Rosiland Coleman, President of The Durham Exchange Club, has accepted the responsibilities of managing the Memorial Service from here forward. This is and has always been a very important program held during our District Conventions. Rosiland, I know you will do a wonderful job. Also, it was suggested for our Saturday afternoon seminar the topic should be Fundraising. In these current economic times, it just amazes me the innovative fundraisers the clubs across our district have accomplished. I feel this will be very informative, fun and we will be able to take some new ideas back to our communities. So, please bring all of your ideas, successful events and funny stories about your fundraising events.

Our guests from National will be Region 4 Vice President, Floyd Holm and his wife Sandi. They are from St. George, UT. I spent some time with him while in Toledo, OH and Detroit MI and I feel he will bring newer and fresh ideas to our convention. Also, what would our convention be without our very own Elizabeth Grantham, Region 10 Vice President and Barbara Orr, VFR.

On Saturday afternoon, we will hold the NC Foundation Raffle and Auction. By now, all of your club presidents should have received the 43" Samsung Flat Panel TV Raffle tickets. Dan Wakeley, Foundation Chairperson, has asked each Exchange Club member to buy/sell at least three (3) tickets each. Also, bring your donated items for the auction.

July 2013 the National Exchange Club Convention is coming to the Koury Center in Greensboro, NC and we are the host District. Plans are under way to hold a Hospitality Suite, featuring North Carolina during this year's convention, July 11-14, in Chandler AZ. We will need participation, from each club across the District, during the upcoming year to make this a special and successful event. North Carolina is a very special place on planet earth to work, play and live and us Exchangites, from across the District, can make everyone from across the nation feel "right at home".

Finally, I want to thank each one of you for the honor and privilege of serving as your NC District President 2011-2012. You folks have taught me so much during this past year. Again, thank you so very much.

Looking forward to seeing each of you in Cary, NC June 22-23, 2012!

Thank you,
Paul Summerville
NC District President

North Carolina District Board of Directors 2011-2012



Bottom Left to Right: Anne Scott, Barbara Orr, Sue Liles, Dan Wakeley, Sandy Holland, Jon Lund, Michael Moran, Mitch Lloyd
Top Left to Right: Kim Hall, Vickie Ketchie, Paul Summerville, Keith Hooker



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78th NC District Convention, June 22-23, 2012, Cary, NC
 Embassy Suites Hotel, 201 Harrison Oaks Blvd, Cary, NC 27513
 Phone: 919-677-1840 Fax: 919-459-1524 Room Rates: \$119++



North Carolina District Exchange Club Convention *"The Winner's Circle" Awards*

Friday, June 22, 2012

- 11:00am – 1:00 pm** Foundation Board Meeting and Lunch
- 1:30 pm** Registration Open
- 2:00 – 5:00 pm** District Board Meeting
- 3:00 – 6:00 pm** Hospitality Room Open
- 6:30 – 9:30 pm** Youth Banquet
- 9:30 -10:30 pm** Hospitality Room Open

Saturday, June 23, 2012

- 7:00 – 9:00 am** Complimentary Continental Breakfast
- 8:00 – 9:00 am** Registration Open
- 9:00 –10:00 am** Credentials Table Open
- 9:15 – 9:45 am** Memorial Service
- 10:00 - 11:30 am** General Assembly
- 11:30am -12:00pm** Election of Officers
- 12:00 – 1:30 pm** One Nation Under God Lunch
- 1:45 - 2:30 pm** **Officer Training:** Floyd Holm
- 1:45 - 2:30 pm** **District Director Training:** Elizabeth Grantham
- 2:45 - 3:45 pm** **Challenges of Fund Raising**
- 4:00 – 6:00 pm** Hospitality Room Open
- 6:00 – 6:50 pm** Foundation Auction
- 7:00 – 9:30 pm** *"The Winner's Circle" Awards*
- 9:30 -10:30 pm** Hospitality Room Open

Sunday, June 24, 2012

- 9:30 –10:30 am** District Board Meeting



Elizabeth Grantham
 Region 10 Vice
 President
 Isle of Palms,
 SC



Floyd Holm
 Region 4
 Vice
 President
 Sandy, UT,
 and St.
 George, UT

Calling all Clubs! Be sure to submit all of your club activities to National as soon as possible so that you can receive your service badges and National Service Award pins!

National Exchange Club Executive Officers 2011-2012



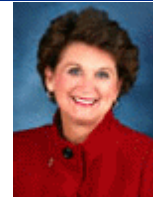
Sid Mobley
 National President
 El Paso, TX



Lou Molitor
 National President-elect
 Waukegan, IL



Anne Marie Logue
 National Treasurer
 Gettysburg, PA



Margie Miller
 Imm Past National Pres.
 Folly Beach, SC &
 University, Charleston,
 SC



Tracey Edwards
 Exec. Vice President
 Greater Maumee Bay,
 OH

A Word From Dan Wakeley, North Carolina District Exchange Club President-Elect and Chairman of the North Carolina District Exchange Clubs' Foundation for the Prevention of Child Abuse

Our Mission: "We are committed to supporting the development of new centers, to encourage standards of excellence in service, and to provide public awareness of the need to prevent child abuse."

As I near the end of my service as chair of this Foundation I again want to thank all those who have served with me on the Board. I am confident that those now serving on the Board and those coming in as new Board members will continue to do great things for our Foundation. Sue Liles Past District President now serves as Vice Chair and will be stepping in as chairperson in July.

Our Foundation is something that every Exchangite in the North Carolina District should be very proud of. Being the first of its kind in Exchange history has made a real difference in the success of our CAP/SCAN centers. We are so proud of our centers and the dedicated staff members who work tirelessly in the name of Exchange making a real difference in the fight against Child Abuse. The Directors and Staff members of all our centers deserve our gratitude and support. I thank EVERY Exchangite in the North Carolina District for supporting our centers and our Foundation, giving of your time as well as money for such an important service to our communities. It has been a wonderful experience for me personally to have served on the Board for the last five years. Getting to know the other Board members, Center Directors, and Staff members has enriched my life as an Exchangite immeasurably. My involvement in the foundation has led me to meet so many of you across the state and I look forward to renewed friendships and meeting new people with each District Meeting we have.

The Foundations fund raiser is off to a great start, I have had three clubs already sell out all their tickets for the TV raffle. We look forward to this being a very successful event again this year. The drawing for this will be held on Saturday evening, June 23rd at the District Convention.

The Foundation Board of Directors meeting will be held on Friday June 22nd from 11:00-1:00 at the Embassy Suites Cary NC.

In closing, I again THANK YOU ALL for your support of the Foundation, Together we CAN and DO make a difference in the lives of those seeking our help through our CAP/SCAN centers... See you all soon!

Exchange Club of Kernersville Helps Local School and Promotes SCAN

The Exchange Club of Kernersville donated 10 copies of the new book *Under the Influence: The Town That Listened to its Kids* to local schools so teachers, parents, and students can have free access to the story. One copy went to East Forsyth High School (EFHS), which is highlighted in the book along with Principal Trish Gainey. Gainey, whose school again claimed the Kernersville Cares for Kids (KCK) trophy with 84% of the students participating in the random drug testing program said, "I am so proud of our student leaders for stepping out of their comfort zone, going against the grain, and helping East win the trophy."

The book tells the story of powerful teen leadership and how it is changing the culture of local schools. This is one reason why the Exchange Club felt so compelled to purchase the books for the schools. Cecily Crofoot Hooks, an Exchange Club member said, "This book is opening up the conversation about staying drug-free. Talking about this, about being accountable, making pledges, and being youth leaders will make the citizens of tomorrow stronger individuals."

While the club typically donates 100% of its fundraising efforts to SCAN (Stop Child Abuse Now), club members felt that giving more students and teachers access to their own success story will benefit everyone. Joe Bill Ellender, a club member and coach at EFHS for 20 years said, "If the kids read their story it will give them the opportunity to make the choice to stay drug-free. The students need to know we support them." The club's oldest member, Ivey Redmon (age 89), noted, "We have a significant child abuse problem right here in Kernersville and drug and alcohol abuse is at the root of most of it. Right now, it's prescription drugs that are being abused the most. If we can stop that we can reduce child abuse." According to Redmon, when child abuse cases end up in court, judges will send the offenders to SCAN for counseling. Due to the high quality of professional counselors and care, about 70% of the families are able to reunite in a healthy way.

Of course, it costs a tremendous amount of money to maintain the SCAN facility and the paid staff. However, the reward is priceless. It can help to break the chain of child abuse, which tends to be passed from generation to generation. The Exchange Club was established in 1944 as the first civic club in Kernersville. It was a place to exchange business ideas. Today, it gives hope to children—that their families can be healed and healthy.

A Word From Elizabeth Grantham, National Exchange Club Region 10 Vice President



Elizabeth Grantham
Region 10 Vice President
843-884-6798

Dear North Carolina Exchangites,

Convention time is almost here and I'm excited about visiting with you in Cary for the North Carolina District Convention in June. I will be conducting a presentation on Exchange University so I would like as many of you as possible to bring your lap tops to the session. I plan to go through how to access Exchange University and do a module or two together. Both Jon and Paul tell me that we will have computer access so this should be a good session.

I have enjoyed representing you on the National Exchange Club Board and I am asking for your support at the National Convention in Chandler, Arizona in July. I will be running for a 2nd Term as Region 10 Vice President. At the present time I am unopposed, but who knows who might run from the floor. This will be my last term so each of you need to be thinking who you would like to see in this position two years from now. There are several people in North Carolina that I would like to see on the Board.

Paul has done a great job this year as your District President and I know that Dan will do the same. I look forward to working with both of them next year and visiting with you as much as possible. Please let me know about your club activities and if at all possible I'd like to attend. I look forward to seeing you in Cary next month.

Thanks for all that you do for Exchange,
Elizabeth Grantham, Region 10 Vice President



National Exchange Club Website:
www.nationalexchangeclub.org



NC Exchangites plan to attend the 94th Annual National Exchange Club Convention in Arizona in July 2012

The National Exchange Club Convention is set for July 11-14, 2012 at the Sheraton Wild Horse Pass in Chandler, AZ, just 20 miles away from Scottsdale and Phoenix. It is a great opportunity to expand your knowledge of Exchange and meet friends from all over the country who have the same goals and face the same challenges. Make your plans to go NOW!

North Carolina will also be a featured District in previewing the 2013 National Convention in Greensboro for all Exchangites. So NC needs a good showing to encourage everyone that Greensboro is Great in 2013!



The **Exchange Club of Kernersville** pose, **below**, with the books they donated to East Forsyth High School (article on page 4). They also sold sandwiches to local businesses for SCAN.



The **Exchange Club of Swift Creek Township** do roadside pick-up, Big Country Breakfast, attended One Nation Under God NCSU McKimmon Center, had Book of Golden Deeds honoring Cliff Feather, had a Christmas party and auctioned off gifts to benefit Durham CAP, packed 106 boxes sent to soldiers in Afghanistan, made and delivered fruit baskets for sick and elderly in community and rest homes, and attended the NC District Mid-Winter Conference. **Pictured below:** They honored their own Lucille, who turned 90! They also had Brigadier General Gregory Batts speak to the club, and they maintain and manage the Swift Creek Community Center building.



The **Exchange Club of Lower Cape Fear/ Wilmington** celebrated Exchange's birthday with dinner and cake at the Capp Center, planted trees at the center, participated in a restaurant fundraiser that gave four percent of sales to the center, sold flowers and plants for Veteran Services, and collected non-perishable food, and have a new member.



The **Exchange Club of Raleigh** attended One Nation Under God for Wake County, had President of Exchangettes, a retired US Army Intelligence officer, the new Wake County Schools Superintendent Tony Tata, the Dean of Campbell Law School, and the Wake Tech College President as speakers; has Youth of the Year, gave \$8,000 to SafeChild and \$5,000 to the NC District Foundation, added a new member in January, and gave \$350 to the W.F. Rolesville Marching Band.

The Exchange Club of North Fayetteville

gained and distributed Public Safety and Prevention from Fayetteville Police and Fire depts. to the public and awarded certificates of appreciation to personel at Rosehill Road Fire Station, Fayetteville Police Dept and Cumberland Co Sheriff's office, had a fish fry and inducted three new members, one from a Membership Recruitment event for Exchange's birthday(42years) had a program, meal, gave out fruit and gave hugs from TimeOut Teddy at Fayetteville-Cumberland County Nursing homes in December, **pictured below**. Members attended the NC District Mid Winter Conference in Kinston, and attended two events for the Child Advocacy Center, Break the Chain of Abuse and The Pinwheel Garden Planting, **pictured below**.



Exchange club of Greater Winston Salem sold peanuts at Dixie Classic Fair with net proceeds \$12,540.

Exchange Club of Goldsboro made donations to Kitty Askins, Academics Abundance and Habitat for Humanity, helping children in need and families in need of housing. **Exchange Club of Raleigh** held Family Night in December.

Exchange Club of Greater Durham went Christmas shopping and provided four needy families.

Exchange Club of Lenoir gave to RobinNest, Lenoir Soup Kitchen, Caldwell Friends, Helping Hands, Yoke Fellow, South Caldwell Christian Ministry, Caldwell Shelter Home, Foundation for Child Abuse Prevention, and NCSSA.

Exchange Club of Fuquay Varina raised \$1,009 with a pancake supper in October, had One Nation Under God, gave \$500 each to Fuquay Varina Food Bank and Foundation for Child Abuse Prevention, and had a paper sales fundraiser in March. **Exchange Club of Greater Fayetteville** has 73 active members and meets weekly.

Exchange Club of Sharpsburg met with Michael Moran and discussed a one day District conference in their area.

Exchange Club of South Granville did Macy's Shop for a Cause, a golf tournament, Quarters for Kids, Youth of the Month. They sponsored a Christmas Parade and donated to South Granville High School Band and ROTC, JFWebb High School Band, Mt Energy Elementary Safety Patrol. They had a peanut fundraiser and speakers from New York Life Insurance Comfort Zone Camp for grieving children, Local EMS, Granville County Library Director, Granville County Historical Society Museum Director.

Exchange Club of West Raleigh inducted three new members on October and one in January, have ACE awards, attended One Nation Under God Banquet at NCSU McKimmon, and gave two Firefighter of the Year awards. They donated 15 white sheet sets for Helen Wright Women's Center, ACE from Middle Creek High school, and are in the midst of Spring Baseball season.

Exchange Club of Goldsboro purchased books by a motivational speaker for the school library, gave to Rabb-McDonell Hope Lodge for meals for cancer patients, gave to Special Olympics participant Heather Pardue, Harvest Connection for Hurricane Irene, American Cancer Society, Goldsboro Family YMCA for families at Christmas, Communities in Schools for clothing and toys for foster children at Christmas. They handed out 1000 flags at the Goldsboro Veterans Day Parade.

Exchange Club of Mooresville-Lake Norman handed out samples at the Great Chili Cook Off for SCAN, attended SCAN Candlelight Vigil and Save the Last Dance. They had Firefighter and Law Enforcement of the Year, a pancake breakfast, One Nation Under God, collected canned food and bags for Mooresville Soup Kitchen, sent packages to Adopt a Soldier, and served refreshments at local Red Cross Holiday Candlelight service for families of veterans that were away from home. Members attended the NC District Mid Winter Conference in Kinston, celebrated their 21st birthday and the birthday of Exchange, and set up Child Abuse Prevention flags in local park for Child Abuse Prevention month.

Exchange Club of Greater Wilmington do Meals on Wheels, made donations to CAPP \$2,500 quarterly, DDS Gingerbread Tree, second Harvest Food Distribution, Veterans Holiday Card distribution, collected paper products and cleaning supplies for Domestic Violence Service Shelter, volunteered at Davis Nursing Home, participated with American Heart Association, feeding the homeless and Red Cross Blood Drive, and Race for Hope.

Exchange Club of Kinston had a Christmas party, a golf fundraiser, One Nation Under God, hosted and attended the NC District Mid Winter conference, sold concessions at the Navy-Air Force baseball game, and did trash pickup on an adopted highway.

Exchange Club of Mt Olive has Youth of the Month, speakers from First Methodist Peanut crew, Area Churches in Action, and a psychologist on child sexual abuse. They made donations to a local football team, Crimestoppers, got a hot house for a community garden, rang the bell for Salvation Army, and had a Christmas party with spouses.

Exchange Club of Elon sold 1000 quarts of Brunswick Stew in January.

Exchange Club of Raleigh-Brentwood worked the NC State Fair, gave money to SafeChild from bookshelf project, gave \$50 gift card to firefighters at Fire Station 11, did Marsh Stream clean up, contributed to Boy Scouts, Boys and Girls Clubs, NC CAP Foundation, and SafeChild.

Exchange Club of Shelby added a new member in March, the annual peanut project that profited \$3,148, ACE of the month, had fire prevention and crime prevention speakers from Shelby Police and Fire Departments, birdfeeder drawing, a speaker from Kenya SWAT Mission team, Cleveland Regional Hospital chaplain, Cleveland Potato Project, Battleground District Boy Scouts, Shelby City Park Amusement Supervisor, One Nation Under God program and community worship service at Aldersgate Methodist Church, had the annual Barbeque and Day of Service provided meals for Shelby Men's and Women's shelters, rang the bell for Salvation Army, sold car wash coupons, and My Day in Court took sixth graders from Crest Middle School to Cleveland County Courthouse tour and time to role play courtroom jobs and provided a meal at Chick Fil-A.

Exchange Club of Hillsborough lost two longtime active members, Tyson Clayton and Buddy Argo. They are dearly missed by their fellow Exchangites and honored for their passion and dedication to their club. The club has had speakers from the Visitor's Bureau, Town Planning Board, KidsCope, UNC Hospitals, Wayne Goodwin, NC Insurance Commissioner, Dan Wakeley, Duke Health, Orange County Economic Director, and NC Secretary of State. They have fish fries, Book of Golden Deeds, and hosted the NC District Exchange Fall Educational Conference in the clubhouse.

Exchange Club of New Hope Wilders Grove sponsored member's son on a mission trip to Honduras, Panera Bread project, fair booth fundraiser, donated 2 inch binders to local high school for students, provided gift cards for a family at Christmas, purchased pies from High School for seniors at assisted living, attended One Nation Under God and Crime Prevention-Wake County, and attended the mid-Winter Educational Conference.

*Exchange,
America's Premier
Service Club,
working to make
our communities
better places to live.*



Laurie Lund, Magazine Editor
301 Duxbury Drive
Raleigh, NC 27607

78th North Carolina District Convention

June 22-23, 2012, Cary, NC

Embassy Suites Hotel, 201 Harrison Oaks Blvd, Cary, NC 27513

Phone: 919-677-1840 Fax: 919-459-1524

Room Rates: \$119+

Hotel Reservation Deadline is no later than May 31, 2012 and they are filling up fast for wedding season.



**NC District Convention
June 22-23, 2012**

- FREE Daily Continental Breakfast with room
- NC District Youth of the Year and ACE Awards
- Formal NC District Banquet & Awards
- NC District Board & Foundation Board Meetings
- NC District General Assembly & Voting
- NC District Foundation Auction and Raffle for 43"Plasma TV!
- Exchangite Memorial Service
- One Nation Under God

CONFERENCE REGISTRATION

<i>Activities</i>	# Attending	Amount
Registration Fee (each) \$15.00 _____ \$ _____ (First Timers Reg. Fee is waived)		
Friday Night Dinner - \$42.00 _____ \$ _____		
Saturday Lunch - \$22.00 _____ \$ _____		
Saturday Dinner - \$48.00 _____ \$ _____		
Total _____ \$ _____		

Make checks payable to the
NC District Exchange Club

Send Reservation Forms & Checks to:

Jon Lund
2607 Oberlin Road Suite 104
Raleigh, NC 27608

(919)851-7180 Home
(919)781-1721 Work
(919)781-7240 Fax
jlund@plccpa.com

(Make checks payable to the
NC District Exchange Club)

**Registration forms MUST be
received NO LATER
than June 19, 2012
NO REFUNDS if cancelled
after June 19, 2012**

Name	1.	2.
Home Club of <i>or Guest</i>		
Club Office <i>Leave blank for none</i>		
District Office/Committee <i>Leave blank for none</i>	<input type="checkbox"/> Check if Delegate	<input type="checkbox"/> Check if Delegate